



Breakfast

Yogurt Parfait Greek yogurt, granola, strawberries, blueberries, banana and hemp seeds.	6.95
Perk Toast Organic peanut butter, sliced banana, sprinkled with California Gold Dust. Served with a side of fruit.	6.95
Avocado Toast Avocado, olive oil, sea salt and lemon topped with alfalfa sprouts and served with side of mixed greens.	9.95
Breakfast Quinoa Bowl Quinoa, cherry tomatoes, avocado, hard boiled egg, basil and tahini dressing.	9.95
Quiche Please check bakery case for selections. Served with side salad.	8.95
Frittata Please check bakery case for selections. Served with side salad.	8.95
Morning Wrap Egg whites, spinach, tomato, feta cheese. Served with side of fruit.	9.95
The Breakfast Sandwich Two eggs scrambled, tomato, avocado and cheddar served on choice of toast.	9.95

Bread choice: Multi-grain, Sourdough, Ciabatta, Spinach Wrap, Wheat Wrap or Gluten Free.

